

## Volunteer Opportunities

# Sync Recovery cannot continue to grow and serve our community without your help

Our growth and success over the last few years has been outstanding! We have pulled together an incredible team of volunteers to achieve our goals. We have so many opportunities in the near future but need to ask for help so we can make these opportunities a reality.

One of the most important service positions is leading one of our committees or programs.

You have shown continued interest in Sync Recovery and we would like you to consider chairing one of our important committees.

## Some of our Committees:

- Sync Adventures
- Event Planning
- Fund Raising
- Volunteer Development
- Communications



## Be part of a community of recovery

Sync Recovery Community offers a robust volunteer program and we would love for you to join the team. The first step is to join us in some activities and learn more about our organization by participating in our volunteer orientation sessions held monthly. If you feel led to be of service in our organization we will send you an application and retrieve your background checks.

Our Director of Peer Support will set up a time to talk about your interests, what inspires you to volunteer, and determine how you can get started. From there you may choose to take additional training such as Group Leadership, CPR and First Aid, Trauma Informed Care, Wilderness Skills, Peer Mentoring, and other skill building workshops.

Whether you want to participate in the community or behind the scenes there is something for everyone. See the following description of the committees and opportunities.

# Adventures and Activities

This is our front line. Volunteers work directly with people at our events. We need lead event facilitators to run activities by guiding people in the experience and holding a recovery meeting open to all pathways. In addition, you may choose to support the lead facilitator by welcoming people to the group, taking attendance, assist the leader during the event, and answering any questions participants may have.

#### **Communications**

This group is responsible for the internal and external communications of the organization. Internally you may help with organizing data, website and information technology, collecting and reporting data, marketing and promotion, and communicating needs to staff and Board of Directors. Your help may be needed externally with social media posts, flyers, and public relation strategies.

# lifestyle enthusiasts!

### Volunteer Development

This group is tasked with keeping volunteers engaged, encouraged, and appreciated. As a peer led organization we effort to recruit volunteers with diverse experiences and help each individual acquire the skills needed to aspire to their greatest potential. Keeping volunteers informed and educated about upcoming events, training, and opportunities is their goal. If you have an interest in supporting our greatest asset this committee is for you.

If time is a barrier for you and commitment to a committee is not possible, all of these committees have ongoing goals and to-do lists. Please let us know in your on-board interview that you are willing to help and we can keep you updated on projects and tasks that interest you.

#### **GET INVOLVED**

with our recovery community

I want to help Sync



# Community Outreach

Public presence is key to this group. Sharing Sync Recovery's services with the public and greater community helps us touch more people and remove the stigma of substance use disorder. Tabling at events and connecting staff with potential stakeholders is the focus of this committee.

### **Fundraising**

As a non-profit we depend on the public for our vitality and sustainability. There are all kinds of creative ways to raise money. If you believe in the mission of Sync Recovery it isn't a hard sell. From events to campaigns we need help to organize initiatives, stay in touch with donors, research and write grants and make collaborative connections.

#### **Event Planning**

Give the people what they want! Bring your passion and fun and inspiring ideas for events that the community will find beneficial to their recovery and incorporates Sync's 4 Core Components; Social Connection, Health and Wellness, Spiritual Principles, and Service Opportunities. Events that advocate and educate the need of long term recovery support services are also in this group's repertoire.



Our goal is to offer Recovery Support Services that are dynamic and beneficial to individuals in recovery, the people that love them, and the community that surrounds them.

As people who experience substance use disorder come from different experiences in life, we need individuals who are diverse in their nature, and at the same time, inclusive in their ability to connect and share their passion for their lifestyle in recovery.

If that is you, please consider joining us, as we make an impact and quite possibly save lives.

Call Per Hagen @ (215) 380-3341 or Email him: pshagen@syncrecovery.org

## Sync Recovery Community

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#### - OUR MISSION -

To provide action-based peer support for individuals affected by substance use disorders through activities and events that are gratifying, FUN and inspirational.

Using our Four Core Components of a healthy recovery lifestyle (social • spiritual • service • health), Sync Recovery Community's events facilitate dynamic programs that connect individuals from diverse backgrounds, while providing participants with opportunities to choose multiple pathways to recovery.

We provide stress-free environments where individuals are inspired to make new discoveries and create healthy relationships.

For More Information:

#### SyncRecovery.org

(215) 892-3658 info@syncrecovery.org

Sync Recovery Community's events and programs are administered by Synchronicity Recovery Foundation, Ltd. The foundation is a 501(c)(3) public charity as described in the US Internal Revenue Code. Synchronicity Recovery Foundation, Ltd is not a treatment provider or government agency.

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